

Innovations targeted at improving community well-being

2nd SLO Jasienica High School in Warsaw

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Student focused - Tutoring	Teacher focused - Supervision	Parent focused – Workshops
<p>What is it? A personalized educational support system where a more knowledgeable or experienced individual, known as a tutor, provides guidance and assistance to a student.</p> <p>What is the goal? During one-on-one sessions the tutor works with the student so they can better understand what their assets and strengths are, to improve their academic performance, and build confidence in their abilities. It might also be beneficial in selecting an educational path for the future.</p> <p>How does it work in practice? The student reaches out to the tutor coordinator to be matched with a tutor from school. Ideally this should be someone that they don't have class with. Sometimes the students' teachers can also suggest that taking part in tutoring could be beneficial. Once a tutor has been selected for the student they meet regularly. Usually, the meetings are every other week and last 50 minutes. On average, the tutor meets with the student 8 times.</p>	<p>What is it? Supervision is an opportunity for learning and development in which a group of teachers collaborates with a more experienced colleague to enrich their professional skills and develop their individual working style.</p> <p>What is the goal? Deepening knowledge and skills in dealing with challenging situations with students, parents, and other coworkers, enhancing psychological knowledge in offering support to others, expanding understanding of the student in the context of their family, environment, or peer group (including the diagnosis of disorders), as well as personal development and deepening awareness of one's own work.</p> <p>How does it work in practice? At the start of the school year the supervisor issues an open invitation to all teachers asking who would want to commit to the meetings. Each meeting is held afterschool and lasts 3 hours with a short break. One person presents a case followed by a question they would like answered. A joint reflection on the reported problem takes place. The group has the opportunity to share their observations, ask clarifying questions, and</p>	<p>What is it? Workshops offered to our students' parents focusing on adolescent developmental psychology and potential high-risk behaviors to which youth are most susceptible.</p> <p>What is the goal? Providing insights and guidance on understanding the challenges, changes, and unique aspects of adolescence as well as helping parents navigate which behaviors should be seen as potential red flags.</p> <p>How does it work in practice? During the year we offer 2 workshops. The first one is meant to help navigate the complexities of their teenagers' developmental journey. The second workshop discusses common risky behaviors that teenagers may encounter and explores proactive approaches for prevention. Each workshop is offered twice, the meetings are afterschool and last 3 hours. They are led by the school psychologist and sexual health teacher who both have an extensive background and experience in working with youth.</p>

<p>At our school these tutoring sessions usually take on one of two paths:</p> <ul style="list-style-type: none"> - Personal development – for those who don't yet know what their strengths are and what they want to do in the future. - Educational development – for those who know what they want to do but they're looking for ways to achieve this goal quicker. <p>What are the benefits?</p> <ul style="list-style-type: none"> - Tutors can tailor their approach to address the specific needs and learning styles of individual students - Since the student meets with the tutor 6-8 times there is a chance to clearly monitor progress in-between meetings. - It becomes easier for the student to choose their DP subjects and these students are less likely to switch their educational paths while in the DP program. <p>What is needed to start implementation?</p> <ul style="list-style-type: none"> - Teachers take part in a course on how to work as a student tutor offered externally. - The school needs a tutor coordinator that oversees the work of the tutors and helps students find a good fit for who they could work with. 	<p>make hypotheses about how they see the situation.</p> <p>The supervisor's role is to create a space for constructive, respectful, and friendly discussion, introducing their thinking and understanding of the presented issue.</p> <p>Administrative staff overseeing the teachers' work is not allowed to take part in the supervision group.</p> <p>What are the benefits?</p> <ul style="list-style-type: none"> - Group supervision offers the opportunity to broaden one's thinking not only from the supervisor's perspective but also from other teacher that might have encountered a similar situation in the past. - It significantly helps prevent teacher burnout since they constantly work to overcome obstacles and have support on how to solve potential conflicts. - Strengthen trust between members of staff. <p>What is needed to start implementation?</p> <ul style="list-style-type: none"> - A supervisor who has the appropriate training. It is also an advantage if this is someone who understands the student profile or has experience working with youth. - A group of teachers willing to commit for the entire year to monthly meetings. It is 	<p>The workshop is not mandatory for all parents. They are invited to sign up if they wish to take part.</p> <p>What are the benefits?</p> <ul style="list-style-type: none"> - Parents can network with one another and exchange their observations, fears, and insights into the challenges that their kids face. - Communication between parents and homeroom tutors is improved. - Relationships between parents and teenagers may improve as a result of their deepened knowledge of what is to be expected at this age. <p>What is needed to start implementation?</p> <p>At least two workshop leaders willing to design a workshop focusing on the main developmental challenges of its students. These trainers do not have to be school based as specialists from outside of school could also prepare a workshop based on the main objectives and needs.</p>
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